



Utility Technologies International
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**Ohio Gas Association
CPR/ First Aid/ AED
September 20, 2017**

8:00 Registration

8:30 Preparing To Help

- First Aid Provider
- Protecting Yourself
- Legal Considerations
- Calling for Help
- Emergency Moves

9:00 CPR and AED

- Cardiac Arrest
- Chest Compressions
- Rescue Breaths
- Automated External Defibrillation
- Primary Assessment – Unresponsive Person
- Caring for Cardiac Arrest
- Multiple Provider Approach to CPR
- Choking

11:30 Lunch

12:30 First Aid

- Primary Assessment – Responsive Person
- Control of Bleeding
- Use of a Tourniquet
- Head, Neck, Back Injury
- Swollen, Painful, or Deformed Limb
- Splinting
- Burns
- Minor Injuries
- Altered Mental Status
- Breathing Difficulty
- Pain, Severe Pressure, or Discomfort in the Chest
- Poisoning

- 2:00 Environmental Emergencies
- Heat Emergencies
 - Cold Emergencies
 - Bites and Stings
 - Additional Considerations

- 2:15 Hands-on
- Group “A” CPR
 - Group “B” First Aid

- 2:45 Hands-on
- Group “A” First Aid
 - Group “B” CPR
 - Final Questions

- 3:30 Written Test