

Driving – What you don't do can kill you

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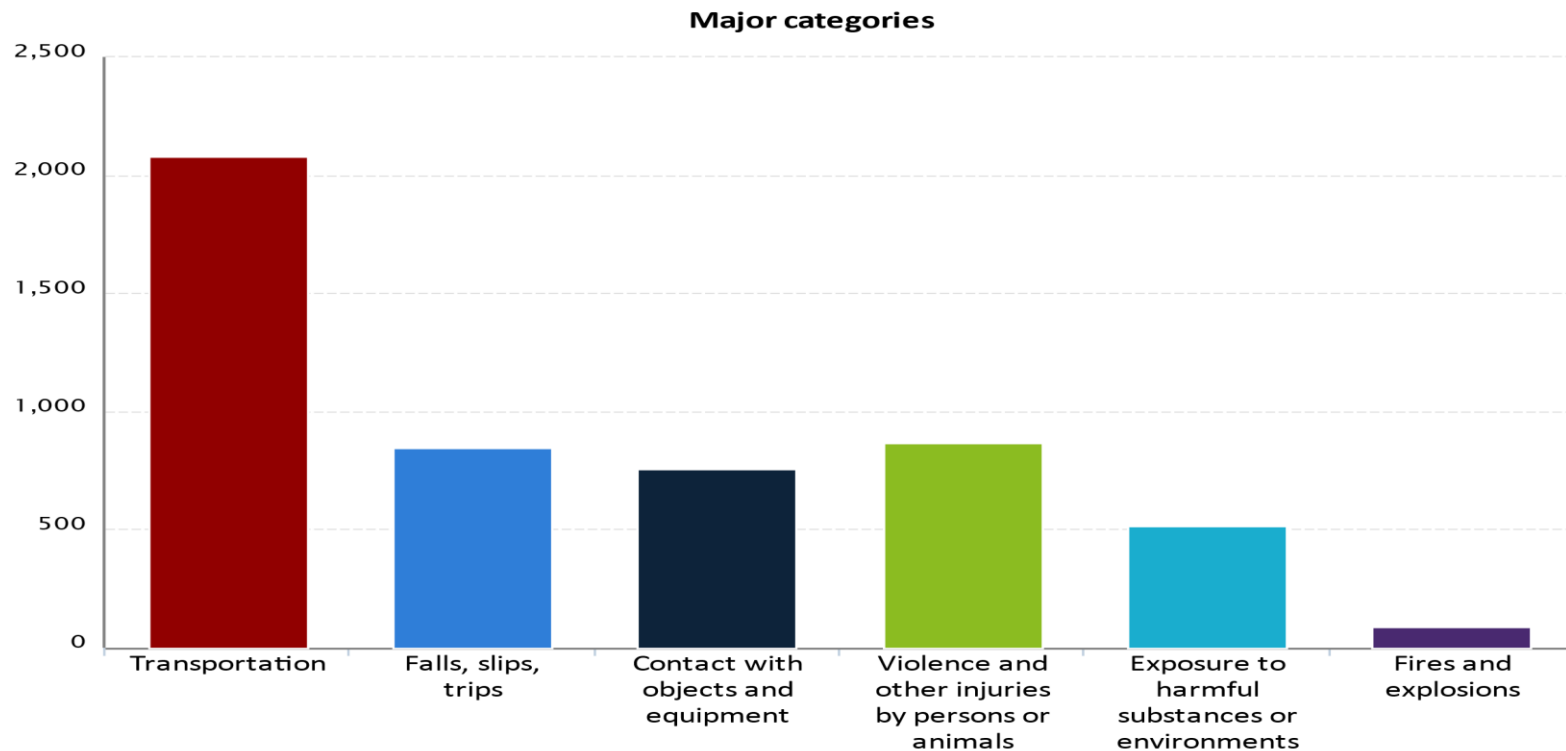
Disclaimer

The recommendations included in this document are intended to assist you in your compliance efforts. The recommendations may not include or identify all the corrective actions necessary to ensure compliance with federal, state or local laws, regulations, codes and standards. Compliance with the recommendations contained in this document does not guarantee you have satisfied all legal obligations. References to specific companies or products are provided for illustrative purposes only and are not intended as endorsement of those companies or products by BWC.

**Every 133 minutes a
worker dies on the job**

Who do you work safely for?

Fatal occupational injuries by event, 2016



Hover over chart to view data. Click to drill down.
Source: U.S. Bureau of Labor Statistics.

Stats – BLS 2016

- 2083 U.S. workers died (40% of all deaths).
- 587 deaths were non-roadway crashes involving motor vehicles and pedestrians struck by motor vehicles.
- Construction & Extraction (222) - 2nd to Transportation (>900)
- Vehicles involved in fatal crashes
 - Semi, tractor-trailer, and tanker trucks (39%)
 - Pick-up trucks and SUVs together (21%)
 - Passenger vehicles (20%)

What can you do?

- Pre Trip
- During Trip
- Post Trip

Pre Trip – Do you need to drive?

- Journey Mgmt
 - Assess driving risk exposures associated with a company's unique operations
 - Vehicles, passengers
 - Distance, road conditions
 - Time of day
 - Weather
 - Communications
 - Hours on duty (last 24)

Pre Trip Safety Check

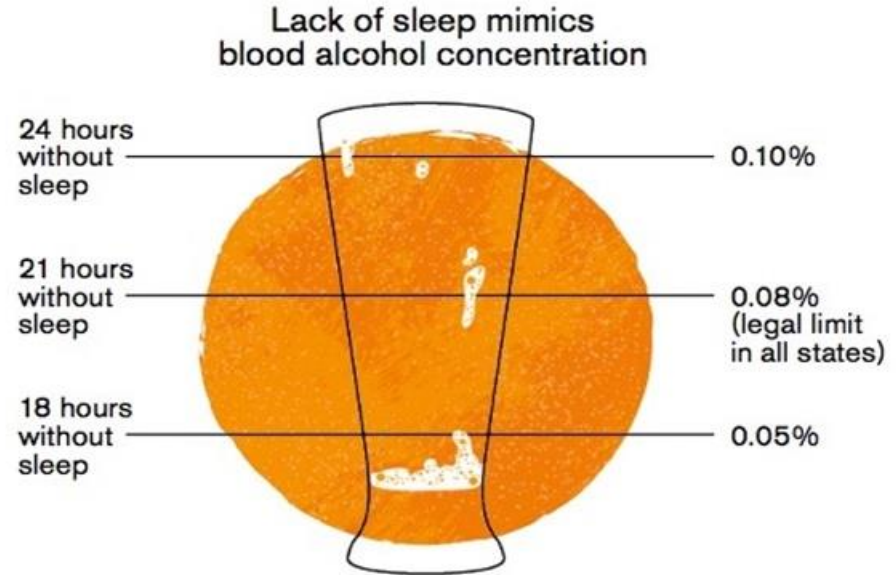
- ▶ Inspections
 - 360
- ▶ Cab –
Secure
Items
- ▶ Load
Balance

Pre Trip – Safety Items

- First aid kit
- Fire extinguisher
- Safety Data Sheets
- Emergency roadside kit
 - Hi-vis – Class 3
 - Alerting technique
 - Food/water
 - Lights

Are you ok?

- Mentally Prepared
 - Road rage
 - Focus on task
- Physically Prepared
 - Fatigue
 - Medications
 - Caffeine/Energy Drinks



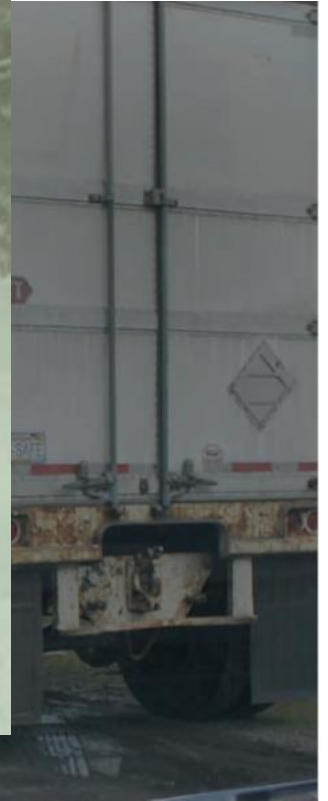
Infographic courtesy of GHSA



#1 Reason for Fatalities

Click it or ticket!

Move Over



Driving Challenges

- Deer - Livestock
- Terrain- Steep Hills and Curves
- Access Roads – Township vs State
- Narrow Roads / Berms / Bridges
- School Buses – Emergency Vehicles
- Amish Buggies – Farm Equipment
- Unfamiliar – GPS Confusion
- Weather Factors



Texting

**Using a cell
phone or
smartphone**

**Eating and
drinking**

**Talking to
passengers**

Grooming

**Reading,
including
maps**

**Using a
navigation
system**

**Watching
a video**

**Adjusting
a radio, CD
player, or
MP3 player**



THREE KILLED

**6
NEWS**

- Ohio – one of the leading states for train crashes (vehicle & pedestrian)
- 6100 train crossings
- Ave train stopping distance – 18 football fields

STOP





WARNING:

**Work zones may contain
Mothers, Fathers,
Sisters, Brothers,
Sons, Daughters.
PLEASE DRIVE SAFELY.**

www.ohgo.com

Buckeye Traffic



OHIO DEPARTMENT OF
TRANSPORTATION

Defensive Driving

- Don't get emotional...
- Do not depend on other drivers...
- Follow the 3 to 4 second rule...
- Speed limit is not the minimum...
- Have an escape route...

You Survived – Now What?

- Communicate issues to mgmt & coworkers
 - Pot holes
 - Construction
 - Road debris
 - Vehicle condition
- Vehicle Maintenance

Be Open to Safety

- In vehicle monitoring devices
- Cell phone blockers
- GPS tracking software
- Speed governors
- Seat belt detection devices
- Driver training

Resources

- National Safety Council - [nsc.org](https://www.nsc.org)
- Ohio State Patrol
- AAA
- Fleet insurance carrier
- Employer
- DSH

Why Use DSH services?

- Helps you reduce injuries and illnesses and protect your most valuable resource
- Helps you control or lower your workers' compensation premiums
- You may qualify for workers' compensation premium rebates and grants
- >95% customer satisfaction ratings
- You already pay for them!

Safety Consulting Services

Strictly consultative. Already paid for as a part of BWC premium assessment.

- Industrial/Construction Safety
- Ergonomics
- Industrial Hygiene
- Safety Management

Safety Intervention Grants

- Offers a 3-to-1 match, up to \$40,000 (\$15M in FY2016)
- For purchase of equipment that significantly reduces or eliminates occupational risk factors for specific task(s)
- Example: Lift table

Before



After



Education & Training Services

- Classroom courses
 - More than 90 courses
 - Offered at 13 locations throughout the state.
- Online safety training
 - Approximately 14 courses
- Schedules and registration online.



Information Services

- Library Services
- DVD & Streaming Service
- Online Tools
- Safety Talks

The screenshot displays the Ohio Bureau of Workers' Compensation website. At the top, the 'Ohio' logo is on the left, and 'Bureau of Workers' Compensation' is in the center. To the right, 'Ohio.gov' is displayed with 'State Agencies | Online Services' and a link to 'En Español'. Below the header is a navigation bar with links: HOME, WORKERS, EMPLOYERS, SAFETY SERVICES, MEDICAL PROVIDERS, BWC LIBRARY, and CONTACT US. The main content area features a large banner for 'SAFETY SERVICES' with an image of a hand holding a yellow hard hat. To the left of the banner is a sidebar with a list of services: Safety & Hygiene, BLS/OSHA, Consulting Services, Education/Outreach, Fellowship program, Library Services, Safety codes, Research program, Tools & Resources, OSHA On-Site PERRP, Safety Grants, Safety Innovations, Safety Update, Safety videos, Technical support, and Youth safety. Below this list is a note about online support availability. The main content area also includes a welcome message from the Division of Safety & Hygiene (DSH) and a link to a brief video. Below this are four service tiles: Consulting Services, Safety Grants, Education Training & Outreach, and Library Services, each with a brief description and a link to more information. At the bottom, there are two promotional banners: 'Take a STAND-Down to Prevent Falls May 8 - 12' and 'Become Safer, Earn Rebates'.

Ohio Bureau of Workers' Compensation

Ohio.gov State Agencies | Online Services
En Español

HOME WORKERS EMPLOYERS SAFETY SERVICES MEDICAL PROVIDERS BWC LIBRARY CONTACT US

SAFETY SERVICES

Consulting Services
Welcome to BWC's Division of Safety & Hygiene (DSH)! We're excited to tell you about us and how to find us. We're also happy to show you more about our services in this brief video.
Want to know even more? Learn about our latest Hot Topic: the DSH Fellowship Program.

Safety Grants
FREE Safety Consulting Services to assist in developing effective injury and illness prevention strategies.
Safety Grants for safety equipment, wellness, and to foster a drug-free workplace.

Education Training & Outreach
FREE training courses, the Ohio Safety Congress & Expo, and the Ohio Safety Council program.

Library Services
FREE informational services on the topics of occupational safety and health, workers' compensation, and rehabilitation.

Take a **STAND-Down** to Prevent Falls **May 8 - 12**

Become Safer, **Earn Rebates**
Protect Your Workforce and Earn Premium Rebates



With **Better You, Better Ohio!™** You'll discover simple ways to lose weight, get active, eat healthier, and just feel better. The best part? It won't cost you anything.

**Looking for reminders, updates, tips and
breaking news on workers' compensation?**

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ohiobwcblog.wordpress.com



facebook.com/ohioBWCFraud
Our special investigations department uses Facebook in its efforts to detect and deter workers' compensation fraud.